

Ayesha Shaikh, Ph.D.

Whittier College Department of Psychology
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EDUCATION

- 2003 – 2004** **Licensed as a Clinical Psychologist in California** **Whittier, CA**
License Number: PSY 19474 – January 2004 (expires 12/31/11)
Courses completed for licensure: Understanding and Treating Domestic Violence,
Child Abuse: Assessment and Treatment, and Chemical Dependency: Expanding
Substance Abuse Treatment Knowledge
- 2002 – 2003** **Northwestern Memorial Hospital** **Chicago, IL**
Clinical Psychology Fellow
Northwestern University Medical School
Specializing in Group Psychotherapy
- 1999 – 2002** **Miami University** **Oxford, OH**
Ph.D., Clinical Psychology – June 2002
Internship: Northwestern Memorial Hospital, Northwestern University Medical School
Dissertation Title: “Interpersonal Functioning and Self-Esteem in College
Students with Symptoms of ADHD: Assessment and Intervention”
Chairperson: Carl E. Paternite, Ph.D.
- 1997 – 1999** **Miami University** **Oxford, OH**
M.A. in Clinical Psychology – December 1999
Thesis: “Interpersonal Functioning and Self-Esteem in College Students with
Symptoms of ADHD”
Chairperson: Carl E. Paternite, Ph.D.
- 1992 - 1996** **University of California, Los Angeles** **Los Angeles, CA**
B.A. in Psychology, *summa cum laude*, Phi Beta Kappa

AWARDS AND HONORS

Whittier College Faculty Development Grant – 2004-2005, 2005-2006, 2006-2007, 2007-2008, 2010-2011
Whittier College Faculty Research Grant – 2004-2005, 2005-2006, 2006-2007, 2007-2008, 2008-2009, 2009-
2010
Volunteer of the Year, City of Whittier Social Services Commission – June 2008
Whittier College Faculty Course Development Grant – 2007-2008
American Psychological Association Commission on Ethnic Minority Recruitment, Retention, and Training
in Psychology (CEMRRAT) Grant – Departmental Grant – 2004-2005
Durkin-Glatzer Scholarship, American Group Psychotherapy Association (AGPA) – 2003
Scholarship to Attend AGPA Conference, Illinois Group Psychotherapy Association – 2003
American Psychological Association, Preparing Future Faculty Scholar – 2000
Graduate Student Achievement Award, Miami University – 1999
Departmental Letters of Commendation, Miami University – 1998, 1999
Graduate Student Achievement Assistantship Award, Miami University – 1998
Phi Beta Kappa – Eta of California, University of California, Los Angeles – 1996
Dean’s List, University of California, Los Angeles – 1992-1996

TEACHING EXPERIENCE

Whittier College

Psychology Department Chair (Fall 2010 – present)

Whittier, CA

Associate Professor of Psychology (Fall 2009 – present, sabbatical Fall 2009)

Assistant Professor of Psychology (Fall 2003 – Spring 2009)

Teaching includes Abnormal Psychology, Personality, Field Work in Psychology, Psychological Assessment, Statistics, SPSS Lab, Psychology of Women, Literature Review Seminar, Freshmen Writing Seminar, Clinical Communication (with lab), Senior Presentation, Examining Mental Illness Across the Lifespan (paired course), and Research Practicum.

Miami University

Oxford, OH

Instructor – Psychopathology

Fall 2000, Spring 2001

Responsible for all aspects of upper-division undergraduate course, including lecturing and facilitating discussion on selected topics in abnormal psychology, development of course syllabus, and preparation and evaluation of writing assignments, in-class debates, and exams.

Miami University

Middletown, OH

Co-Instructor – Abnormal Psychology

Spring 2001

This upper-division undergraduate course was co-instructed with a faculty member from Miami University's Middletown Campus. Both instructors were responsible for all aspects of this survey course, including lecturing, facilitating discussion, developing course syllabus, and preparing and evaluating written work and exams.

American Psychological Association “Preparing Future Faculty” Teaching Scholars Program

August 2000 – May 2001

Oxford, OH

This program involved participation in monthly “brown-bag” sessions focused on teaching, on-site mentoring of teaching experiences by a faculty member of Miami University Middletown Campus, mentoring of undergraduate students interested in graduate school, travel to regional teaching conferences, and preparation of a teaching portfolio.

Miami University

Oxford, OH

Co-Instructor – Psychology of Women

Summer 1999, Summer 2000

Responsible for all aspects of the course, including lecturing and facilitating discussion on concepts in the psychology of women, development of course syllabus, and preparation and evaluation of writing assignments and exams.

University of California, Los Angeles

Los Angeles, CA

Teaching Assistant Trainer and Supervisor – Interpersonal Process Analysis

January 1997 – June 1997

Faculty Supervisor: Gerald Goodman, Ph.D.

Supervised activities of six undergraduate student teaching assistants in an upper-division psychology laboratory course focusing on clinical communication skills. Skill acquisition labs used in the course were conducted in the form of miniature support groups. Teaching assistants served as group facilitators and instructors.

University of California, Los Angeles

Los Angeles, CA

Teaching Assistant and Teaching Assistant Coordinator – Interpersonal Process Analysis

January 1996 – June 1996

Faculty Supervisor: Gerald Goodman, Ph.D.

Assisted in teaching and coordinating activities of six undergraduate student teaching assistants in an upper-division psychology laboratory course focusing on clinical communication skills.

PEER-REVIEWED PUBLICATIONS

Shaikh, A., Knobloch-Fedders, L. M., & Stiles, W. B. (in review). Verbal response modes in action: Microrelationships as the building blocks of relationship role dimensions. Submitted for publication.

Shaikh, A., & Camparo, L. B. (2008). Students taking charge: The role of *Psi Chi* chapters in facilitating learning. *Eye on Psi Chi*, 13(2).

Hanos-Webb, L., Gal, L. M., Shaikh, A., Harrick, E. A., Lani, J. A., Knobloch, L. M., Surko, M., & Stiles, W. B. (2002). Rewards and risks of exploring negative emotion: An assimilation model account. In S. R. Fussell (Ed.), *The verbal communication of emotions: Interdisciplinary perspectives* (pp. 231-251). Mahwah, NJ: Lawrence Erlbaum Associates.

Shaikh, A., Knobloch, L. M., & Stiles, W. B. (2001). The use of verbal response mode coding system in determining patient and physician roles in medical interviews. *Health Communication*, 13(1), 49-60.

OTHER PUBLICATIONS

Shaikh, A. (January 2008). A message from the president. *Intercommunity Outlook*, Winter-Spring '08, 1.

Shaikh, A. (January 2008). Secretary-treasurer's report. *CUPP Newsletter*, 18(Winter-Spring 2008), 1-3.

Shaikh, A. (May 2007). President's corner. *Intercommunity Outlook*, Spring-Summer '07, 2.

Shaikh, A. (July 2006). Western region report. *CUPP Newsletter*, 16(Summer 2006), 2.

Shaikh, A. (January 2006). Western region report. *CUPP Newsletter*, 16(Winter 2006), 4.

Shaikh, A. (July 2005). Western region report. *CUPP Newsletter*, 15(Summer 2005), 3.

Shaikh, A. (January 2005). Western region report. *CUPP Newsletter*, 15(Winter 2005), 4.

Shaikh, A. (1997). 174 TA manual (unpublished). Manual used by G. Goodman, University of California, Los Angeles in teaching Psychology 174: Interpersonal Process Analysis.

MANUSCRIPTS IN PREPARATION

Shaikh, A. Interpersonal functioning and self-esteem of college students with symptoms of ADHD.

Shaikh, A. A group psychotherapy intervention for college students with ADHD.

Goodman, G., & Shaikh, A. Getting connected: A guide to communication in close relationships.

AD HOC PEER-REVIEW

Reviewed an article submitted for publication in *Western Journal of Communication*, 2010.

Reviewed an article submitted for *Psi Chi Journal of Undergraduate Research*, 2009.

Reviewed an article submitted for publication in the *Journal of Contemporary Psychotherapy*, 2007

Reviewed a textbook for Allyn & Bacon: Aiken/Groth-Marnat, *Psychological Testing and Assessment*, 12th Edition, 2006

Reviewed an article submitted for publication in *The American Journal of Psychology*, 2006

Reviewed three articles submitted for publication in *Journal of Language and Social Psychology*, 2000-2002

PRESENTATIONS

- Shaikh, A. (February 2010). Interpersonal strengths and struggles of college students with ADHD: Implications for assessment and treatment (updated). Paper presented at the Intercommunity Counseling Center Training Session for Doctoral Interns, Whittier, California.
- Shaikh, A., Camparo, L. B., Holtz, A., & Cruz, J. (April 2009). The role of a mentor in undergraduate research. Paper presented at the Western Psychological Association Conference, Portland, Oregon.
- Shaikh, A. (June 2008). Interpersonal strengths and struggles of college students with ADHD: Implications for assessment and treatment (an update). Paper presented at the Intercommunity Counseling Center Training Session for Doctoral Interns, Whittier, California.
- Shaikh, A., Camparo, L. B., Cook, N., & Arrington, C. (April 2008). Students taking charge: The role of student organizations in facilitating learning. Paper presented at the Western Psychological Association Conference, Irvine, California.
- Shaikh, A. (October 2007). Using group psychotherapy to treat ADHD in college students. Poster presented at the Los Angeles County Psychological Association Conference, Culver City, California.
- Shaikh, A. (May 2007). Interpersonal strengths and struggles of college students with ADHD: Implications for assessment and treatment. Paper presented at the Intercommunity Counseling Center Training Session for Doctoral Interns, Whittier, California.
- Shaikh, A., Camparo, L. B., Cobian, M., & Leon, L. (April 2007). Mentoring through research: Trials and tribulations, resolutions and remedies. Paper presented at the Western Psychological Association Conference, Vancouver, Canada.
- Shaikh, A. (November 2006). Interpersonal strengths and struggles of college students with ADHD: Implications for assessment and treatment. Paper presented at the Whittier College Counseling Center Training Session for Doctoral Interns, Whittier, California.
- Shaikh, A. (April 2006). Ethical issues in undergraduate psychology programs. Symposium chaired at the Western Psychological Association Conference, Palm Springs, California.
- Shaikh, A., Camparo, L. B., Kaur, H., & Fehribach, S. (April 2006). Rewards and risks of multiple relationships between faculty and students: Navigating the slippery slope. Paper presented at the Western Psychological Association Conference, Palm Springs, California.
- Shaikh, A. (August 2005). How the dissertation can inform practice. Paper presented at the American Psychological Association Conference, Washington D.C.
- Shaikh, A. (May 2005). Using informants in the diagnosis of ADHD in college students. Poster presented at the American Psychological Society Conference, Los Angeles, California.
- Shaikh, A. (April 2005). Learning beyond the classroom. Symposium chaired at the Western Psychological Association Conference, Portland, Oregon.
- Camparo, L. B., Shaikh, A., Kaur, H., & Ibrahimovic, H. (April 2005). Undergraduate research: Student and faculty perspectives. Paper presented at the Western Psychological Association Conference, Portland, Oregon.
- Shaikh, A. (July 2004). Incorporating group psychotherapy into treatment of college students with ADHD. Poster presented at the American Psychological Association Conference, Honolulu, Hawaii.

- Shaikh, A. (July 2004). The use of informants in diagnosing ADHD in college students. Poster presented at the American Psychological Association Conference, Honolulu, Hawaii.
- Shaikh, A., & Paternite, C. E. (April 2004). Preliminary examination of a group psychotherapy intervention for college students with attention deficit hyperactivity disorder. Paper presented at the Whittier Undergraduate Research Conference, Whittier, California.
- Shaikh, A., & Paternite, C. E. (February 2003). Preliminary examination of a group psychotherapy intervention for college students with attention deficit hyperactivity disorder. Paper presented at the American Group Psychotherapy Association Annual Meeting, New Orleans, Louisiana.
- Neuman, S., Birchmeier, Z., Engeln-Maddox, R., Panepinto, A., & Shaikh, A. (May 2002). Everything you ever wanted to know about graduate school from the people who know best: Graduate students. Panel Discussion at Midwestern Psychological Association Annual Meeting, Chicago, Illinois.
- Shaikh, A. (August 2001). Preparing for faculty positions: Perspective from Miami University of Ohio. Presentation at the American Psychological Association Conference, San Francisco, California.
- Shaikh, A., & Paternite, C. E. (August 2001). Interpersonal functioning and self-esteem of college students with ADHD symptoms. Poster presented at the American Psychological Association Conference, San Francisco, California.
- Graff, R. L., Shaikh, A., & Paternite, C. E. (August 2001). Gender differences in college students diagnosed with ADHD. Poster presented at the American Psychological Association Conference, San Francisco, California.
- Shore, C., Uhler, B., Young, J., Buddie, A., Cressy, E., Harrick, E. A., Mills, P., Neumann, S., & Shaikh, A. (May 2001). Preparing Future Faculty Program. Presentation at Midwestern Psychological Association – Council of Teaching Undergraduate Psychology, Chicago, Illinois.
- Uhler, B., Buddie, A., Neumann, S., Harrick, B., Mills, P., Young, J., Crawford, E., Shaikh, A., & Shore, C. (April 2001). Preparing Future Faculty: First year experiences and accomplishments. Poster presented at Miami University Department of Psychology Annual Poster Session, Oxford, Ohio.
- Shore, C., Bosko-Young, J., Buddie, A., Crawford-Cressy, E., Harrick, E. A., Mills, P., Neumann, S., & Shaikh, A. (October 2000). American Psychological Association's "Preparing Future Faculty" Program at Miami University. Poster presented at Mid-America Conference for Teachers of Psychology, Evansville, Indiana.
- Lani, J. A., Stiles, W. B., Shaikh, A., & Silberschatz, G. (August 1998). Getting worse before getting better: The expression of negative emotion. Poster presented at the American Psychological Association Conference, San Francisco, California.
- Lani, J. A., Stiles, W. B., Shaikh, A., & Silberschatz, G. (June 1998). Hearing change in clients' narratives: An assimilation of voices perspective. Paper presented at the Society for Psychotherapy Research Meeting, Snowbird, Utah.

PROFESSIONAL MEMBERSHIP

Council of Undergraduate Research, 2010-present
 Intercommunity Counseling Center, Board Member, 2005, 2009; Vice President, 2006; President 2007, 2008
 Council of Undergraduate Psychology Programs, Western Region Coordinator, 2004-2006;
 Secretary/Treasurer 2006-2008

Los Angeles County Psychological Association, 2005-present
Los Angeles Society of Clinical Psychologists, 2005-present
American Psychological Society, 2005-2006
Western Psychological Association, 2004-present
American Group Psychotherapy Association, 2002-2006
Illinois Group Psychotherapy Association, 2002-2003
American Psychological Association of Graduate Students, Graduate Representative, 2000-2001
American Psychological Association Member, 1998-present

CONFERENCES ATTENDED

Western Psychological Association Conference – April 2009
Whittier Undergraduate Research Conference – April 2009
Western Psychological Association Conference – April 2008
General Relief Advocacy Project – Advocacy Training – April 2008
Whittier Undergraduate Research Conference – April 2008
Los Angeles County Psychological Association – October 2007
American Psychological Association Conference – August 2007
Western Psychological Association Conference – April 2007
Whittier Undergraduate Research Conference – April 2007
Western Psychological Association Conference – April 2006
Whittier Undergraduate Research Conference – April 2006
American Psychological Association Conference – August 2005
Creativity and Madness – August 2005
American Psychological Society Conference – May 2005
Western Psychological Association Conference – April 2005
Whittier Undergraduate Research Conference – April 2005
National Institute on the Teaching of Psychology – January 2005
Southern California Conference on Undergraduate Research – November 2004
American Psychological Association Conference – July 2004
Whittier Undergraduate Research Conference – April 2004
American Group Psychotherapy Association Conference – February 2003
American Psychological Association Conference – August 2002
Midwestern Psychological Association Conference – May 2002
American Psychological Association Conference – August 2001
Midwestern Psychological Association Conference – May 2001
20th Annual Lily Conference on College Teaching – November 2000
Mid-America Conference for Teachers of Psychology – October 2000
The 4th Annual Evolution of Psychotherapy Conference – May 2000

RESEARCH EXPERIENCE

Whittier College & California State University, Fullerton

Whittier, CA

Co-Principal Investigator

September 2004 – present

“ADHD and Interpersonal Functioning: A Group Therapy Treatment Intervention.” Co-Investigator: Doug Liverpool, California State University, Fullerton. This project examines the effectiveness of a 12-week group therapy intervention for college students with ADHD who are also experiencing interpersonal difficulties.

Heart Failure Adherence & Retention Trial (HART)

Chicago, IL

The National Heart, Lung, and Blood Institute of the National Institutes of Health

September 2002 – June 2003

HART is a federally funded randomized clinical trial for patients with heart failure. The hypothesis under investigation is that skills training in self-management and stress reduction will improve adherence and reduce death and hospitalization in patients with heart failure. Responsibilities included following a research protocol for leading 3 psychoeducationally-based groups for 18 2-hour sessions, encouraging participation in reluctant patients, collecting data on patients and group progress, and participation in team meetings. My involvement with HART has ended since moving to California, although the project is still in progress.

Miami University Psychology Clinic

Oxford, OH

Masters Thesis Research, Dissertation Research, and Graduate Assistant – Miami University ADHD Assessment Program

August 1998 – May 2002

Faculty Advisor: Carl E. Paternite, Ph.D.

Assessment and examination of self-esteem and interpersonal functioning in young adult college students presenting with symptoms of Attention Deficit/Hyperactivity Disorder. Additionally, a non-referred sample of college students was evaluated on similar dimensions. Research also included an interpersonal group psychotherapy outcome study for college students who were diagnosed with ADHD. Activities included all aspects of the research process: data collection, data coding, data entry, data analysis, write-up and presentation of major findings. (Masters Thesis completed 8/99; Dissertation completed 6/02)

Miami University

Oxford, OH

Member – Assimilation Research Group

August 1997 – May 2000

Faculty Advisor: William B. Stiles, Ph.D.

Involved in research projects exploring clients' assimilation of problematic experiences using transcripts of psychotherapy cases. Additionally, involved in research on discourse analysis using the Verbal Response Mode taxonomy of classification.

Miami University

Oxford, OH

Graduate Assistant

August 1997 – May 1998

Faculty Advisor: Carl E. Paternite, Ph.D.

Reviewed the literature on adult Attention Deficit/Hyperactivity Disorder and constructed a research and assessment protocol to investigate self-esteem and interpersonal functioning in college students presenting with symptoms of ADHD. Organized, consulted, and coordinated collaboration with various campus organizations in an effort to establish a referral network for recruitment of clients to participate in the assessment research study.

California Wellness Foundation

Los Angeles, CA

Research Assistant – California Black Women's Health Project

June 1996 – April 1997

Supervisor: Gerald Goodman, Ph.D.

Served as a consultant for a project involving the development of a program using a miniature support group model in an African American community in South Central Los Angeles.

University of California, Los Angeles

Los Angeles, CA

Independent Research Project

Spring 1996

Supervisor: R. Edward Geiselman, Ph.D.

Investigated the impact of victim attractiveness, provocation, and acquaintance with the assailant in juror decision-making using participant ratings of courtroom trial vignettes.

POST-LICENSURE CONTINUING EDUCATION COURSEWORK

| | | |
|---|-------------|----------|
| Live Supervision of a Psychotherapy Case | 6 credits | 9/25/10 |
| Psychopharmacology | 6 credits | 9/2/10 |
| Law & Ethics: Surviving Legal Minefields | 6 credits | 7/24/10 |
| Early Detection of Psychotic Disorders | 1.5 credits | 4/20/09 |
| Mindfulness & Teen Sexuality – Torah and Brain Science: Teaching an Integrated Approach to Human Sexuality to Teenagers | 1.5 credits | 6/16/08 |
| Forensic Psychology | 1.5 credits | 5/19/08 |
| The Fundamentals of Art Therapy: Definition, Diagnosis & Treatment | 1.5 credits | 3/17/08 |
| Clinical Approaches to Addressing Human Sexuality Issues with Couples | 10 credits | 2/6/08 |
| Understanding and Treating Addictive Disorders: Part II | 7.5 credits | 2/2/08 |
| Understanding and Treating Addictive Disorders: Part I | 7.5 credits | 2/1/08 |
| Law and Ethics: Clinical Dilemmas in the Office | 6 credits | 1/26/08 |
| Using the DSM Legally & Ethically | 1.5 credits | 10/20/07 |
| Practices and Principles of Clinical Supervision: Advanced Issues | 7 credits | 11/4/06 |
| Practices and Principles of Clinical Supervision: The Basics | 6 credits | 11/3/06 |
| Practices and Principles of Clinical Supervision: Law and Ethics | 2 credits | 11/3/06 |
| Working With Dreams in Psychotherapy | 1.5 credits | 6/12/06 |
| Annual Conference on Learning Disabilities and Abilities | 6 credits | 5/31/06 |
| Overcoming Performance Anxiety | 1.5 credits | 5/22/06 |
| Men, Masculinity, and Psychotherapy | 1.5 credits | 4/24/06 |
| Ethical and Legal Issues in Clinical Practice: Recent Changes in the Law, Legal Cases and Ethical Concerns with Respect to Duty to Warn and Confidentiality | 4 credits | 4/2/06 |
| Work and Families: Changing Realities | 7 credits | 3/25/06 |
| Creative Aging: A Way of Life | 1.5 credits | 3/20/06 |
| Developing Cultural Competency/Empathy in the Clinical Setting | 2 credits | 3/4/06 |
| East Meets West: Complementary and Alternative Therapies | 1.5 credits | 2/27/06 |
| Motivation, Emotion, and Long-Term Change | 1.5 credits | 1/30/06 |
| Domestic Violence | 3 credits | 8/31/05 |
| Creativity and Madness: Psychological Studies of Art and Artists | 26 credits | 8/1/05 |
| Reconcilable Differences: Treatment Issues and Case Examples | 2 credits | 6/17/05 |
| Father-Son Co-Therapists in a Dynamic Group Setting | 1.5 credits | 6/13/05 |
| Risky Business: A Survey of High Risk Ethical Dilemmas in Clinical Practice | 4 credits | 5/21/05 |
| Assessment, Treatment, and Care for the Geriatric Patient | 3 credits | 4/30/05 |

SUPERVISED CLINICAL EXPERIENCE

Northwestern Memorial Hospital

Chicago, IL

Clinical Psychology Fellow – Northwestern University Medical School

July 2002 – June 2003

Supervisors: Lisa Ratti, Ph.D., Shawn Taylor, Ph.D., Danuta Ehrlich, Ph.D., Jenny Convisor, Ph.D., Michael Maslar, Psy.D., Darryl Pure, Ph.D., & Jill Sullivan, Ph.D.

Activities: Individual and group psychotherapy with adults in a hospital clinic setting; intake interviews; emergency evaluations. Conceptualize cases from psychodynamic and cognitive-behavioral perspectives.

Northwestern Memorial Hospital

Chicago, IL

Psychology Intern – Outpatient Treatment Center

July 2001 – June 2002

Supervisors: Lisa Ratti, Ph.D., Shawn Taylor, Ph.D., Danuta Ehrlich, Ph.D., Jenny Convisor, Ph.D., John Stutesman, Psy.D., Brian Griffin, Ph.D., Jill Sullivan, Ph.D., & Bill Reich, Ph.D.

Activities: Individual, group, and crisis psychotherapy with adults in a hospital clinic setting; testing and assessment of patients presenting with a variety of mental health concerns; intake interviews; emergency evaluations. Conceptualize cases from psychodynamic and cognitive-behavioral perspectives.

Private Practice

Chicago, IL

Evaluator – Child Custody Evaluations

January 2002 – May 2002

Supervisors: Alan Jaffe, Psy.D. & Jill Sullivan, Ph.D.

Activities: Administration and scoring of standard forensic psychological batteries for parents involved in child custody evaluations.

Miami University Psychology Clinic

Oxford, OH

Evaluator - Miami University ADHD Assessment Program

August 1998 – May 2001

Supervisors: Carl E. Paternite, Ph.D. & Julie Rubin, Ph.D.

Activities: Assessment of young adults presenting with Attention Deficit/Hyperactivity Disorder, learning disabilities, depression, anxiety, and other psychological disorders. Scoring, interpretation, and formal report writing. Program includes weekly team meetings and supervision of assessments.

Miami University Psychology Clinic

Oxford, OH

Therapist - Interpersonal Psychotherapy Practicum

August 2000 – May 2001

Supervisor: Karen Maitland Schilling, Ph.D.

Activities: Individual psychotherapy with Miami University students and non-university community members; intake interviews; treatment summaries; emergency on-call duties; administration, scoring and interpretation of MMPI-2 and SCL-90-R; and case conference presentation. Conceptualize cases using interpersonal principles of Sullivan, Leary, Kiesler, Benjamin, and Wiggin's work. Biweekly group supervision.

Miami University Student Counseling Service

Oxford, OH

Group Therapist - ADHD & Interpersonal Relationships Psychotherapy Group

September 2000 – May 2001

Supervisor: Deborah Dunphy, Ph.D.

Activities: Interpersonal group psychotherapy with Miami University students presenting with a diagnosis of Attention Deficit/Hyperactivity Disorder and with problems in their interpersonal relationships. Weekly individual supervision.

Miami University Psychology Clinic

Oxford, OH

Therapist - Experiential Personal Construct Psychotherapy Practicum

August 1999 – December 1999, August 2000 – December 2000

Supervisor: Larry Leitner, Ph.D.

Activities: Individual psychotherapy with Miami University students and non-university community members; intake interviews; treatment summaries; emergency on-call duties; and case conference presentation. Conceptualize cases using existential, personal construct, and experiential psychotherapy principles. Weekly group and individual supervision.

Cincinnati Veterans Administration Medical Center

Cincinnati, OH

Therapist & Evaluator - Acute Inpatient Psychiatry and Partial Hospital Program

May 2000 – August 2000

Supervisor: Bob Welch, Ph.D.

Activities: Half-time practicum included multidisciplinary treatment team meetings, group psychotherapy, and psychological assessment of veterans in acute inpatient psychiatry and partial hospitalization units. Group therapy included both psychoeducational and psychodynamic interventions. Psychological assessments were conducted with a standard battery including the MMPI-2, expressive drawings and stories, psychosocial histories, and a DSM-IV diagnostic clinical interview. Weekly group and individual supervision.

Miami University Psychology Clinic

Oxford, OH

Therapist - Client-Centered Therapy Practicum

August 1998 – May 2000

Supervisor: William B. Stiles, Ph.D.

Activities: Individual psychotherapy with Miami University students and non-university community members; intake interviews; treatment summaries; emergency on-call duties; administration, scoring and interpretation of MMPI-2 and SCL-90-R; and case conference presentation. Conceptualized using Rogerian principles of client-centered therapy. Weekly group and individual supervision.

Miami University Student Counseling Service

Oxford, OH

Doctoral Associate

August 1999 – May 2000

Supervisors: Pamela Salter, Ph.D., Kip Alishio, Ph.D., Deborah Dunphy, Ph.D., Rafael Harris, Jr., Psy.D., Gilbert Hinga, Psy.D., & Andreas Anastasiou, M.A.

Activities: Half-time practicum included individual and group psychotherapy with Miami University students presenting with a variety of mental health and career concerns; intake interviews; treatment summaries; 24-hour emergency on-call duties; administration, scoring, and interpretation of various career inventories (e.g., Strong Interest Inventory), the MMPI-2, WAIS-III, and Woodcock-Johnson Tests of Achievement-Revised; formal case report and presentation; and weekly training seminars covering various clinical and professional development topics.

Miami University Psychology Clinic

Oxford, OH

Therapist - Gestalt Therapy Practicum

January 2000 – May 2000

Supervisor: Pamela Salter, Ph.D.

Activities: Individual psychotherapy with Miami University students and non-university community members; intake interviews; treatment summaries; emergency on-call duties; administration, scoring, and interpretation of MMPI-2 and SCL-90-R; and case conference presentation. Conceptualized using gestalt principles of Fritz and Laura Perls. Weekly group supervision.

UCLA Fernald Child Study Center

Los Angeles, CA

Student Intern - Sociobehavioral Development Study (Preschool Project)

September 1995 – June 1996

Supervisors: Bruce Baker, Ph.D. & Barbara Henker, Ph.D.

Activities: Trained in assessment of preschool and third grade children with internalizing and externalizing behavior problems. Conducted assessments including the WIAT, WISC-III, parent and child interviews, Motor Skills Test, Kaufman Assessment Battery for Children (K-ABC), Florida Screening Battery, parent-child interactions, and the Reynell Developmental Language Scales.

COMMITTEE SERVICE AT WHITTIER COLLEGE

Search Committee: Applied Psychology Faculty Position (2009-2010)

Institutional Review Board/Human Subjects Protection Committee (2008-2009)

Enrollment and Student Affairs Committee (2008-2009)

Search Committee: Neuroscience Psychology Faculty Position (2007-2008, 2008-2009)

Search Committee: Director of Disability Services (2006-2007, 2007-2008)

Search Committee: Assistant Director of Center for Academic Success (2007-2008)

Search Committee: Counseling Center Director (2006-2007)

Student Affairs Committee (2006-2008)

Student Experience and Retention Committee (2005-2006)

Science Planning Committee (2004-2006)

College and Community (McCabe) Program Participant (2004-present)

College Hearing Board (2003-2007)

ADVISING AT WHITTIER COLLEGE

Mentor to Freshmen at Whittier College (2005-2006, 2008-2009)

Mentor to New Faculty at Whittier College (2005-2006, 2007-2008, 2008-2009)

Senior Project Advisor to Whittier Scholars Students (2004-2005, 2006-2007)

Advisor to Majors and Minors in Psychology Department (2003-present)

Faculty Co-Advisor for Psychology Club (2003-present)

Faculty Co-Advisor for Psi Chi, National Honor Society in Psychology (2003-present)